PATRON SAINT REPORT

**_Each confirmation candidate chooses a saint as a patron and
is confirmed under that patron saint's name._**

● A <u>patron saint</u> is someone already in heaven with whom we feel a connection, want to imitate, and from whom we request intercession throughout life.

● **The tradition of taking on a new name reflects a new role in life.** This is evident throughout the Scriptures, e.g. "Abram" was changed to "Abraham" which means "Father of Many Nations," and Simon was changed to "Peter" which means "Rock" because Jesus founded His Church upon him as the first pope. Once you have received the sacrament of Confirmation, you will be considered a fully initiated adult in the Church. The use of your baptismal name, if already after a saint, can serve to further emphasize the three-fold process of Christian initiation: Baptism, Confirmation and Eucharist.

● **When you choose a new name for your Confirmation, it should be the name of a saint you have read and learned about, admire, and want to imitate. You shouldn't choose a saint because you like his/her name. You should choose a saint that you want to be like.** The name chosen must be a canonized Christian saint which is a man or a woman who has displayed heroic virtue and has been recognized by the Church.

Practical Guidelines in Selecting a Saint

● You should be familiar with this saint's life. You should be able to identify similarities between you and this saint and/or want to aspire to be like this saint.

● The saint you select should be someone you look up to as a hero.

● You should develop a personal devotion to this saint and build a relationship with him/her through regular and constant prayer.

● **You should research many of the saints**; that way you will make a better decision choosing your patron saint. Moreover, the more saints you are familiar with the easier it becomes for you to request their intercession (even from the ones that are not your special confirmation patron); the saints are always eager and happy to help us. There are numerous online resources for learning about the lives of saints. Make sure you google, "Roman Catholic Saints." Here are a few: www.americancatholic.org/; www.catholic.org/saints/; www.ewtn.com/saintsholy. Each of these has a searchable index of saints. Some can be viewed by calendar, alphabetically, or by what they are a patron of. We also have many resources in the Faith Formation library that can be checked out. The list on our website, www.stjameshighland.org, _click on Faith Formation, then on Confirmation Documents_, shows patron saints by month. **NOTE:** _It is common, although not absolutely necessary, to choose a Confirmation saint of the same gender as your own._

SAINT REPORT

After you have selected the saint you would like to be named after (and who will continue to pray for you), type a one page report about the saint's life. The report must include the following:

● A **Cover Page**, featuring a picture of your saint or other meaningful artwork; saint's name & feast day (designate the specific person (e.g. Thomas the Apostle or Thomas Aquinas); if a patron saint, of what; date canonized; your name should be at the bottom right corner.

● A **brief story** of what you have learned about the saint **_written in your own words_** (including when and where he/she lived, family life, job, what your saint did that was remarkable or inspiring, the virtues he/she demonstrated, etc.).

● An **explanation of the reasons why** you have selected this saint.

● **How is this person a good role model** for you to follow as a confirmed Catholic?

● Ideas of **how you will develop your devotion and relationship** with this saint.

● Include the **resources from which you obtained your information** (website, book, etc.). Use MLA citation style documentation system for citing sources. **DO NOT COPY AND PASTE MATERIAL FROM THE INTERNET**. Copying directly from written material without quoting or giving reference and/or copying from the internet resources without quoting are considered plagiarism and are not acceptable.