



CHOOSING YOUR SPONSOR

You are asked to choose someone to be your sponsor for Confirmation. This person can be either male or female. He/she must be a baptized, confirmed, practicing Catholic whom you admire for the Christian values you see in his/her life. It is desirable that the one who undertook the role of sponsor at Baptism be sponsor for Confirmation.

Your sponsor will be an important person in your faith life. He/she is to accompany you on your journey towards greater faith, hope and love. Your sponsor should be someone you admire, someone who has qualities in his/her life that you would like to have. He/she should be someone who can encourage you, listen to you, and share his/her own experience of faith with you. This person should be someone you are comfortable with, someone who will accept you and your questions about life. A good sponsor is one who likes you, cares about you and will be with you on your faith journey. This person should be able to spend some special time with you. This special time can help you get to know your sponsor better and learn some good things about yourself.

REQUIREMENTS FOR CONFIRMATION SPONSORS

(Taken from The Code of Canon Law, canons 874, 892 and 893)

To perform the role of sponsor, a person must fulfill the following conditions:

- Not be the father or mother of the one to be confirmed
- Be at least sixteen years of age, having received Baptism, Eucharist, and Confirmation
- Be a practicing Catholic, participating in the Mass on Sundays and Holy Days, receiving the Sacraments of Eucharist and Reconciliation regularly
- If married, be validly married according to the laws of the Catholic Church. If divorced, not have remarried outside of the Catholic Church.

"The sponsor's function is to take care that the person confirmed behaves as a true witness of Christ and faithfully fulfills the duties inherent in this sacrament."

Canon 892